

APPENDIX 1: R-AMSTAR checklist - quality assessment for Systematic Reviews

How to use the R-AMSTAR tool?

The tool contains 11 questions with regard to the quality of the review. These questions are in the left column. Based on the criteria mentioned in the right column, every question should be assigned a score from 1 to 4. The sum of all scores is the overall quality score of the systematic review.

AMSTAR items	Criteria
<p>1. Was an “a priori” design provided? The research question and inclusion criteria should be established before the conduct of the review.</p>	<p>A A clearly focused (PICO-based) question B Description of inclusion criteria C Study protocol is published and/or registered in advance 3 criteria→4, 2→3, 1→2, 0→1</p>
<p>Explanation: A. It should be explicitly mentioned that a protocol was published or registered, for example in PROSPERO an online international prospective register of systematic reviews. C. The question contains Population, Intervention/exposure, Comparator/control and Outcome.</p>	
<p>2. Was there duplicate study selection and data extraction? There should be at least two persons who independently extracted data and a consensus procedure for disagreements should be in place.</p>	<p>A At least two persons independently extracted the data, explicitly stated B Statement of consensus procedure for disagreements C Disagreements among extractors resolved properly as stated or implied 3 criteria→4, 2→3, 1→2, 0→1</p>
<p>3. Was a comprehensive literature search performed? At least two electronic sources should be searched. The report must include years and databases used (e.g., Central, EMBASE, and MEDLINE). Key words and/or MESH terms must be stated, and where feasible, the search strategy should be provided. All searches should be supplemented by consulting current contents, reviews, textbooks, specialized registers, or experts in the particular field of study, and by reviewing the references in the studies found.</p>	<p>A At least two electronic sources are searched B Years and databases used are mentioned C Key words and/or MESH terms are stated and where feasible the search strategy outline is provided D Searches should be supplemented by consulting current contents, reviews, textbooks, registers and by reviewing the references in the studies found E Journals are hand-searched or manual searched 4 or 5 criteria→4, 3→3, 2→2, 1 or 0→1</p>
<p>Explanation: E. hand-searched means identifying highly relevant journals and conducting a manual, page-by-page search of their contents looking for potentially eligible studies.</p>	
<p>4. Was the status of publication (i.e., grey literature) used as an inclusion criterion? The authors should state that they searched for reports regardless of their publication type. The authors should state whether or not they excluded any reports (from the systematic review), based on their publication status, language etc.</p>	<p>A The authors state that they searched for reports regardless of their publication type. B The authors state whether or not they excluded any reports based on their publication status, language etc. C “Non-English papers were translated” or readers sufficiently trained in foreign language D No language restriction or recognition of non-English articles 3 or 4 criteria→4, 2→3, 1→2, 0→1</p>

AMSTAR items	Criteria
<p>5. Was a list of studies (included and excluded) provided? A list of included and excluded studies should be provided.</p>	<p>A Table/list/figure of included studies, a reference list does not suffice B Table/list/figure of excluded studies either in the article or in a supplemental source C Satisfactory/sufficient statement of the reason for exclusion of the seriously considered studies D Reader is able to retrace the included and the excluded studies anywhere in the article bibliography, reference or supplemental source 4 criteria → 4, 3 → 3, 2 → 2, 1 → 1</p>
<p>Explanation: “Excluded studies” refers to those studies seriously considered on the basis of title and/or abstract, but rejected after reading the body of the text.</p>	
<p>6. Were the characteristics of the included studies provided? In an aggregated form, such as a table, data from the original studies should be provided on the participants, interventions/exposure, and outcomes. The ranges of characteristics in all the studies analyzed, e.g., age, race, sex, relevant socioeconomic data, disease status, duration, severity, or other diseases should be reported.</p>	<p>A In an aggregated form such as a table, data from the original studies are provided on the participants, interventions/exposure and outcomes B Ranges are provided of the relevant characteristics in the studies analyzed C The information provided appears to be complete and accurate 3 criteria → 4, 2 → 3, 1 → 2, 0 → 1</p>
<p>7. Was the scientific quality of the included studies assessed and documented? “A priori” methods of assessment should be provided (e.g., for effectiveness studies if the author(s) chose to include only randomized, double-blind, placebo-controlled studies, or allocation concealment as inclusion criteria); for other types of studies, alternative items will be relevant.</p>	<p>A ‘A priori’ methods are provided B The scientific quality of the included studies appears to be meaningful C Discussion/recognition/awareness of level of evidence is present D Quality of evidence is rated/ranked base on characterized instruments 4 criteria → 4, 3 → 3, 2 → 2, 1 or 0 → 1</p>
<p>Explanation: D. A characterized instrument is a created instrument that ranks the level of evidence, e.g. GRADE [Grading of Recommendations Assessment, Development and Evaluation].</p>	
<p>8. Was the scientific quality of the included studies used appropriately in formulating conclusions? The results of the methodological rigor and scientific quality should be considered in the analysis and the conclusions of the review, and explicitly stated in formulating recommendations.</p>	<p>A The scientific quality is considered in the analysis and the conclusions of the review B The scientific quality is explicitly stated in formulating recommendations C Conclusions integrated/drives towards practice guidelines D Clinical consensus statement drives toward revision or confirmation of practice guidelines 4 criteria → 4, 3 → 3, 2 → 2, 1 or 0 → 1</p>
<p>9. Were the methods used to combine the findings of studies appropriate? For the pooled results, a test should be done to ensure the studies were combinable, to assess their homogeneity (i.e., Chi-squared test for homogeneity, I²). If heterogeneity exists, a random effects model should be used and/or the clinical appropriateness of combining should be taken into consideration (i.e., is it sensible to combine?).</p>	<p>A Statement of criteria that were used to decide that the studies analyzed were similar enough to be pooled B For the pooled results, a test is done to ensure the studies were combinable, to assess their homogeneity C a recognition of heterogeneity or lack of thereof is present D If heterogeneity exists a ‘random effects model’ is used and/or the</p>

<i>AMSTAR items</i>	<i>Criteria</i>
	rationale of combining is taken into consideration E If homogeneity exists, author state a rationale or a statistical test 4 or 5 criteria → 4, 3 → 3, 2 → 2, 1 or 0 → 1
10. Was the likelihood of publication bias assessed? An assessment of publication bias should include a combination of graphical aids (e.g., funnel plot, other available tests) and/or statistical tests (e.g., Egger regression test).	A Recognition of publication bias or file-drawer effect B Graphical aids (e.g. funnel plot) C Statistical tests (e.g. Egger regression test) 3 criteria → 4, 2 → 3, 1 → 2, 0 → 1
11. Was the conflict of interest included? Potential sources of support should be clearly acknowledged in both the systematic review and the included studies.	A Statement of sources of support B No conflict of interest. This is subjective and may require some deduction or searching. C An awareness/statement of support or conflict of interest in the primary inclusion studies 3 criteria → 4, 2 → 3, 1 → 2, 0 → 1

Maximum quality score sum: 44